



UOL BULLETIN

UKRAINIAN ORTHODOX LEAGUE OF THE UNITED STATES OF AMERICA

Dedicated to our Church -- Devoted to its Youth

VOL. 68 NO. 5

MAY– JUNE 2022

Memory Eternal! Vichnaya Pamyat! Stephen Sivulich

It is with great sadness that we learned that longtime champion of the UOL and Editor of the UOL Bulletin Stephen Sivulich fell asleep in the Lord. Dr. Stephen, as we all knew him, was a mentor for Ukrainian Orthodox Christians and UOL members throughout the United States.

He served on the National Executive Board of the UOL in multiple offices including serving as the National UOL President. He was a key organizer of the Lynn Sawchuk Sharon Kuzbyt Scholarship Fund and served as the scholarship chairperson for decades.

As Bulletin Editor and historian of the UOL he was a resource and support for all UOL members. He served on the National Executive Board for decades, including serving as the UOL Bulletin Editor. His dedication to the UOL and the UOC is unmatched. He lived the motto Dedicated to our Church - Devoted to its Youth. On behalf of the UOL we extend condolences and deepest sympathies to his wife Alice. May his Memory be eternal! Vichnaya Pamyat!



2022 Ohio/WPA Lenten Retreat The Spiritual Power of Humility Submitted by Marianne S. Carmack

The 2022 UOL Ohio/Western Pennsylvania Lenten Retreat on March 26, 2022, the first UOL in-person retreat since the CDC lifted COVID 19 restrictions, met with an enthusiastic response by Clergy and Laity. Held at the parish of SS. Peter & Paul in Youngstown, Ohio who—with generosity of Spirit—invited us to use their facilities to launch a new era. An era affirming and reviving the fellowship and cooperation built over time among parishes prior to the face-to-face isolation of the Pandemic. Seeing everyone who attended from the surrounding area was amazing. And, in the words of retreat goers, the Retreat was not only spiritually uplifting and nourishing, but therapeutic, as well.

The day began with Registration and a continental breakfast, followed by Morning Prayers, our first speaker and discussion, then a discussion of humanitarian aid to Ukraine and other critical resources within the context of serving others, an exceptional lunch, followed by an afternoon exercise for small groups on how to apply humility every day to improve our quality of life and our relationships with one another, and finally completing the day celebrating Great Vespers. Handouts included an Adult themed coloring book highlighting humility, a simple workbook defining the Orthodox Christian virtue of humility with quotations from Proverbs, Church Fathers and Saints, the Consistory's Road to Pascha flyer, and flyers listing ways we can practice humility.



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UOL Retreat April 2, 2022 Submitted by Natalie Bilynsky

On April 2, 2022, for the first time in two years fifty three faithful gathered in Bethlehem, Pa for the UOL Retreat. This was the nineteenth retreat that has been sponsored for east coast UOL members. While nineteen years ago our retreat was only for UOL members, we are thrilled that now our UOL retreat is truly pan-Orthodox. For the last five years we have been working closely with the Carpatho-Russian Church.

Our UOL retreat has become like a family where some members have attended every retreat for the last 19 years. When everyone arrived there were hugs and fist bumps, and everyone was very excited to get together.

Fr. Anthony Perkins served as the Spiritual Father for the retreat. He led morning prayers. Following morning prayers, the entire group gathered for breakfast. This year we allowed for extra time so that everyone could catch up and enjoy each other's company.



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1947

2022

*You're invited
to attend!*

In the beginning...



75th UOL Convention July 2022
St. Peter & St. Paul UOC Carnegie, PA

*75th Annual
UOL
Convention
July 27-31, 2022*

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UOL Bulletin - Published six times annually - October, November, January, March, April /May and June.

The absolute deadline for each monthly issue is the 1st of the prior month. Photos will not be returned.

Note to Contributors: All articles submitted to the UOL Bulletin must be in 11 point Times New Roman (font), or typed and double spaced in 12 point type. Articles may be submitted via e-mail attachments. (Submit to: nsufler@aol.com). If submitting photos please be sure to obtain consents for photos to be included in the UOL Bulletin.

The editor reserves the right to condense any material submitted. Material cannot be returned.

Ukrainian Cultural Corner

Submitted by Matushka Laryssa Charest

Palianytsia

On February 24, 2022, Russian forces began their attack on Ukraine. Those with loved ones in Ukraine, immediately checked in. And those of Ukrainian descent started a new routine of being glued to news segments. Even after two months, Ukraine remains the main topic in the daily news cycle. As with any ongoing story, we've seen some coverage of the war repeatedly. You've probably noticed every newscaster's pronunciation of Kyiv - or Keev. Did you happen to hear the word 'palianytsia'?



For Ukrainian soldiers, palianytsia is a shibboleth. A what? A shibboleth. This is a Hebrew word describing chosen words or phrases used to distinguish outsiders or enemies. In the Book of Judges, an account of the battle between Gileadites and Ephraimites is given. The Gileadites used the word 'shibboleth' as a password. Apparently, only Gileadites could pronounce the 'sh' sound in shibboleth. The enemy Ephraimites could not. Since then, many countries have chosen their own shibboleths to differentiate friend from foe. Back to present day. Ukrainian soldiers use the word palianytsia as their shibboleth because Russian soldiers can't pronounce it due to different phonetics in the Russian language. A Russian television host, Olga Skabeyeva, even reported on the word palianytsia. Unfortunately, she pronounced it 'polunytsia' (which is the Ukrainian word for strawberry) and thus proved on Russian state television that the Ukrainian shibboleth does in fact work.

Now let's move on to what this word actually means. Palianytsia is a type of bread loaf that is made in a home oven. The crust of the bread often burns while baking. The Ukrainian word for burn is 'palyty.' That's where the name comes from. Palianytsia follows similar steps to other yeast breads with lots of kneading and waiting for the bread to rise. A slit is usually added to a palianytsia so that it can continue to rise in the oven.

I hope and pray that our beautiful motherland Ukraine shares similarities with Palianytsia in that after experiencing a heated situation and being burned, it rises and comes out even better. Glory to Ukraine!

SS. Peter & Paul Carnegie, PA Submitted by Sue Leis

As the year winds down and we prepare for the 75th Annual Convention in July, it's time to reflect on the past few months. Although our Convention Committee has been focused on the upcoming Convention, the chapter as a whole has focused on some of our mainstay ministries.

We reinstated our Advent Prayer Pal program, after having to pause it last year because of Covid. It works just like our Great Lent Prayer Pal program in that we are given the name of another parish family member to remember in our prayers as we prepare for the Nativity. We present a small token or ornament to our Prayer Pal on Christmas Day after Liturgy to let them know that they have been a part of our spiritual journey.

Souper Bowl Sunday was another event that made a comeback this year. Our All You Can Eat Souper Bowl Sunday was a huge success! We had 12 different kinds of soups to sample during the luncheon, as well as quarts to go. It was a yummy way to support St. Andrew's Society.

January kicked off our yearly pysanky making sessions. We invited everyone in our parish to come and share their creative side, to enjoy some fellowship

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MESSAGE FROM THE SENIOR UOL PRESIDENT

Karen Ferraro



Christ is Risen! Indeed, He is Risen! Христос Воскрес! Воістину Воскрес!

Our 75th UOL Convention is quickly approaching! Have you registered yet? 75 years of UOL Conventions is an incredible milestone and I know the Convention Committee in Carnegie has some wonderful things planned for us! I'm especially looking forward to Ukrainian Christmas in July on Friday night and the Banquet and Ball featuring the sounds of "Zirka" from Canada on Saturday night! Of course, besides seeing each other face to face for some socializing, we will also have the opportunity to shape the UOL for the next year and beyond. Very important work, indeed. Bring your ideas to grow the UOL and help our beloved Ukrainian Orthodox Church of the USA!

We continue to face challenges with our existing UOL chapters and in establishing new chapters. I can see from my own parish that, although we have growing numbers in church on Sundays, it remains a struggle to get everything back to the way it was prior to March 2020. Many of our Sisterhoods are struggling to get volunteers, and likewise, many of our UOL Chapters are having a hard time regaining traction. Let's get energized as we step into the beginning of the next 75 years of this wonderful organization! I'll be having a meeting with our Senior Chapter Presidents as this Bulletin is published. Let's work together to rebuild our chapters, add more chapters, and grow the UOL to be stronger than ever. The Church not only STILL needs us, we are needed even more. The more hands we have out working in the parishes, the stronger we'll be.

I would be remiss if I didn't mention the recent, heartbreaking loss of someone whose name was synonymous with the UOL. Dr. Steve Sivulich, of blessed memory. Dr. Steve fell asleep in the Lord on Pascha. No one knew more about UOL history and the proper running of a UOL Convention than Dr. Steve. He was truly loved by all of us. May his memory be eternal! We send most sincere condolences to his loving wife, Alice, who is also loved very much by the UOL.

This is my last UOL Bulletin letter from the President, as I have served a full three years and will be replaced by someone wonderful at our Convention. My term has been unusual, to say the least. We had to learn to adapt to using ZOOM to hold virtual UOL National Executive Board meetings, and forego in-person conventions for virtual ones in both 2020 and 2021. Thankfully, I'll be able to finally chair an in-person convention this year! I've been honored to have this opportunity to serve the UOL, and with this office, to have served as the UOL representative on the Metropolitan Council of the UOC of USA. It has also been a joy to have served as the UOL representative to the All Saints Camp Board. I thank you all for your participation in our virtual conventions, meetings, and webinars over the past three years. I'd like to thank the UOL officers for their support. Special thanks to Oleh and Natalie Bilynsky and Marianne Carmack for two years of virtual Lenten Retreats and this year's return to in-person events. They were wonderful! Thanks also to all our chapter Presidents, who have had a tough job these past three years. Stay strong!

In closing, I ask that you continue praying for our brothers and sisters in Ukraine and those that are refugees in other countries. They have endured the unthinkable. UOL members are encouraged to help their parishes with humanitarian aid to Ukraine and, where possible, to help any refugees coming to the USA.

"Be exalted above the heavens, O God, and Your glory above all the earth. That Your beloved ones may be delivered, save with Your right hand, and hear me." Psalm 107:6-7

In Christ,

Karen Ferraro

The 75th U.O.L. Convention Committee is asking our membership to help us remember our beginning by displaying our past. Do you have pictures of past conventions. Either paper or electronic? We would be pleased to have them. Do you have memorabilia from past conventions? We would also be pleased to display those items.

If you can help, please contact:

Deacon Evan O'Neil 110 Woodhaven Dr.
McDonald, Pa. 15057 724-775-1166
alicecliffoneil@yahoo.com

**75th UOL Anniversary Convention
July 27-31, 2022**

Hosted by Sts. Peter & Paul Sr. UOL Chapter, Carnegie, PA

It's TIME! It's Time for the 75th UOL Convention!

What is time? One definition is "a nonspatial continuum that is measured in terms of events which succeed one another from past through present to future." In those terms, thinking about the UOL Conventions, they are a string of events that have continued for 75 years continually succeeding one another. An amazing accomplishment!

But is it time? Time for "what" exactly?

- Is it time to join or re-new your UOL Membership?
- Is it time to be part of the bigger picture?
- Is it time for Faith, Fellowship, and Fun?
- Is it time for Leadership?
- Is it time for Dedication to our church and youth?

If you answered "YES" to any of the above questions, then it is "time" to attend a UOL Convention before "time" runs out! The past couple years our UOL Conventions have been without the "real" human touch of an in-person convention. While the "zoom / computer screen" conventions have enabled UOL Conventions and UOL Functions to continue, the 'human touch' aspect of our conventions which binds us together as a UOL Family has been hurting. Attending a convention in person can provide an enlightening and uplifting experience! *"The fellowship of that UOL Convention Body and the commitment to provide for the future of our Ukrainian Orthodox Church as well as the UOL itself were inspiring motivations that I knew I wanted to be a part of."* (Martha X. Misko, 71st UOL Convention Yearbook)



72nd Convention Body Meeting at ASC

quickly things can change these past couple years. One week we are going to church and the next we are not allowed! Friends are here one day and gone the next. There was peace in Ukraine and now war. The TIME for chapters and individuals to come back to the UOL and the convention is NOW! Don't wait until next year or the year after, do it now!

Why? Not just because of who or where a convention is being hosted, but because the UOL, its chapters and you are important to the Church. *"Orthodoxy is our tree trunk, but the UOL and the many chapters are the branches and leaves of this magnificent tree. This is not merely a social organization but one that is a vital part of the spiritual life of each of its members. Through the UOL we all feel connected and a member of an institution much larger and deeper than any individual parish."* (Pani Matka Maria Norton, 71st UOL Convention Yearbook)

A few days ago, a small circle of people started talking in a group then a few more joined and made the circle larger. We all were talking and remembering past conventions, how people met, what was going on with the upcoming convention. More people joined the circle, and you could have almost had a small convention. The UOL is truly a family that comes together in all situations for all needs and the Sr. UOL Chapter of Carnegie sincerely hopes you will attend the 75th UOL Convention in July and pull up your chair into our UOL circle of friendship.

Plans for the 75th UOL Convention are as follows and much more detailed information is located on our website at

www.orthodoxcarnegie.org/75thuolconvention.

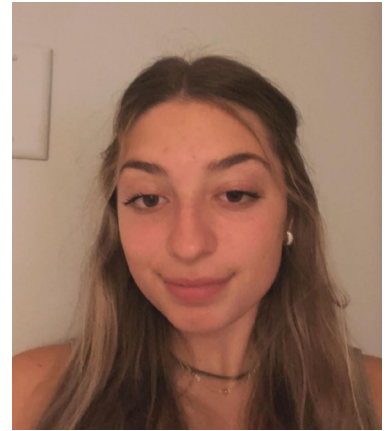
- Wednesday:** Registration & Hospitality Night
- Thursday:** Divine Liturgy & Decades Night Event
Dance and have fun to sounds of ALL the decades!
- Friday:** Ukrainian Christmas in July
With no snow! (well...maybe a little)
- Saturday:** 75th Grand Banquet & Ball with dancing to ZIRKA!
Bring your dancing shoes!
- Sunday:** Hierarchical Divine Liturgy & Farewell Luncheon
- Hotel:** Hilton Double Tree Hotel, Greentree, PA
Only \$99 a night with internet and breakfast included!

Early bird Convention Registration, Yearbook Ads & Sponsorship deadlines are May 31, 2022! You can still register for the convention after May 31, 2022, but you will have to pay the full price! Weekend and individual event options are available as well as payment online.

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**MESSAGE
FROM THE
JUNIOR UOL
PRESIDENT**

Natalie Hrytsay



Glory to Jesus Christ! Слава Ісусу Христу!

On behalf of the Junior Executive Board, I hope everyone had a safe and blessed Paschal season. As we approach the summer I would like to address a few topics. As we all know, our homeland of Ukraine is at war. As Ukrainians and Christians, it is our duty to do everything possible to help out and send resources. To help out, please reach out to your local chapters and ask how you can help. Most chapters have been raising money and collecting items to send over to Ukraine. Anything and everything helps, so please help out. We can also pray. As Orthodox Christians, it is up to us, to pray for peace and safety for our homeland of Ukraine.

Some reminders for the youth of our Church. All Saints Camp will be hosting our Church Camps once again. From July 3-9, the Diocesan Church School Camp will take place. From July 10-23, Teenage Conference will take place. Mommy/Daddy & Me will take place August 1-5, and the St. Nicholas Programs will be from August 5-8. For more information about these programs, please visit the UOC Youth website or reach out to me.

Finally, as we approach Convention, we must keep a few dates in mind. This year, the 75th Annual Convention will be held in Carnegie, PA from July 27-31, 2022. It will be hosted by St. Peter and Paul Ukrainian Orthodox Church. For all details on attending and events that will occur, visit orthodoxcarnegie.org or reach out to any members on the Jr. UOL Executive board.

Let's all pray for a peaceful rest of the year and a beautiful summer season.

Yours In Christ,
Natalie Hrytsay

(Carnegie - Continued from page 2)

and to take time to embrace our heritage. We had several pysanky workshops, which were well attended. All of that led up to the big day itself, the 54th Annual Pysanky Sale, held on the Western Palm Sunday. It has become a tradition for many Pittsburghers and a wonderful way to showcase our Ukrainian heritage. This year we sold every single pysanka, every morsel of food was consumed, not a crumb was left on the Bake Sale table, and the Basket Raffle selection was incredible! Matushka Laryssa and Sebastian managed the church's Ukraine Relief table; selling stickers, window clings, pins, ribbons,



yard signs, and other items to raise funds for our brothers and sisters in Ukraine. The Annual Pysanky Sale is a chapter staple, but every organization and church member shares their talents and strengths to welcome our visitors to our parish, to our heritage, and to our faith.



As wonderful as this year has been to get back to a somewhat normal way of life since Covid hit, it has been very difficult watching our family and friends in Ukraine face the horrors of war. We, like all of you, have been trying to do everything in our power to help those in need. We pray for them, send much needed items to them, while we share our heritage and faith to those who are just learning about Ukraine for the first time.

(Ohio/WPA Retreat—continued from page 1)

Our first speaker, Fr. Oleg Kravchenko (Assumption of the Virgin Mary Ukrainian Orthodox Church, Northampton, PA), gave an inspirational talk on “The Spiritual Power of Humility,” and then, Fr. John Charest facilitated a “Question & Answer” Session. Fr. Oleg, along with Fr. Mykola Zomchak, deftly and skillfully responded to our many questions and concerns about reconciling the “virtue” of humility with our emotional, psychological, and spiritual well-being given our anger, thoughts and feelings as we confront the unprecedented attack and atrocities inflicted on our homeland Ukraine.

Learning how we can align our personal response with the right belief of Orthodox Christians surely informs our future thoughts and actions as we seek peace, continue our humanitarian efforts, and defend our Homeland.



It was a powerful discussion. Indeed, as one participant said, “we could not possibly ignore ‘the elephant in the room.’”

Following this discussion, our focus turned to serving others—a critical element of “Humility.” Stephen A. Haluzczak (Carnegie, Pennsylvania) discussed how Western Pennsylvania organizations and non-profits are pooling regional resources to coordinate a continued response to this humanitarian crisis, preparing for an influx of refugees and emigres as well as continuing aid to Ukraine. He discussed how to ensure donations are used



for the purpose intended, including: humanitarian aid to the Ukrainian people, to refugees fleeing west in Ukraine and to other countries, and in support of Ukrainians militarily defending our homeland. Stephen also discussed a resource developed by the Ukrainian Cultural and Humanitarian Institute (UCHI), a Pittsburgh non-profit. This handbook, entitled “Welcome to the USA: A Handbook for New Immigrants” or “Ласкаво просимо до Сполучених Штатів Америки,” is available online on the UCHI Website <https://uchi-us.weebly.com>

UCHI’S Handbook, first published in 2005, a Ukrainian-language document, contains information vital to integration into American Society, including immigration, culture, finance, laws, and services and offers ways to involve recent Ukrainian immigrants more effectively in established Ukrainian-American communities. To download a copy of this comprehensive guide, paste this URL in your browser: <https://uchi-us.weebly.com/welcome-to-the-usa.html>. The third edition with additional material will soon be available.

Because of unforeseen technical constraints, we were unable to present “The Hymnography of Humility.” We will be publishing the video segments created by Fr. Silouan Rolando, and a ZOOM meeting to discuss content following Pascha is in the works. As usual, Fr. Silouan’s talk gives

wonderful insights into the etymology or development of Orthodox hymnography (the art of composing hymns) and illuminates how our hymns school us about Humility as part of the powerful day-to-day teaching of our liturgical tradition.

Our Ohio/WPA workgroup expresses profound gratitude to our speakers Fr. Oleg Kravchenko and Fr. Silouan Rolando, for their outstanding work and presentations; to our host pastors Fr. John Charest (Facilitator), Fr. Ivan Tchopko, and Fr.



Mykola Zomchak; to Fr. Steve Repa for sharing his wisdom; to Fr. Deacon Cliff O’Neil for his presence and participation; to Stephen Haluzczak for his insights and sharing of resources as we move forward with supporting Ukraine; and to the Parish of SS. Peter and Paul for their welcoming hospitality.

We would like to acknowledge all those who produced the retreat, including Fr. Ivan Tchopko; Fr. John Charest; Chuck Woloschak, President of the SS. Peter &



Paul’s (Youngstown) Church Council; Annie Woloschak, Secretary of SS. Peter & Paul’s UOL Chapter; UOL members Susan Perankovich, Shirley K. Duffy, Esq., Pauline Witkowsky; Gregory Ulrich; and Kathy Zebel, Carol Rogenski, and Annie Woloschak for singing the responses at Vespers.

And, most especially, each participant from SS. Peter and Paul, Carnegie; SS Peter and Paul, Youngstown; St. John the Baptist, Sharon; St. Vladimir’s, Pittsburgh; Holy Virgin, Arnold; and St. Mary’s, McKees Rocks and those who joined us on ZOOM. Thanks to Olen Cheren for setting up a gift shop to satisfy needs for all things Ukrainian, especially a wide array of items to show our support for Ukraine. A special thank you to Fr. Mykola who in addition to everything else took pictures of the retreat—otherwise we might not have had any. And last, but certainly not least, to Karen Ferraro for her continuous support and active participation in producing this retreat, and Chris Mills and Matushka Laryssa Charest for their support



in sending out information about the retreat. There was a gift given to fund the retreat in remembrance of +The Very Rev. Mitred Fr. John Harvey, +Dinah Fedyna, MD, and +John and Mary Shabatara.

(UOL Retreat - Continued from page 1)



The St. Francis Center for Renewal is absolutely beautiful and the sisters at the center were excited that we had returned for our Lenten Retreat.

This year the retreat focused on the services of Holy Week and we were blessed that Fr. Anthony agreed to be our speaker. Fr. Anthony started the retreat with a review of how the services of Holy Week can serve as a method to heal.

The retreat focused on each service of Holy Week in detail. It was amazing to learn about the details of each service and every retreat participant stated that they were inspired by each discussion.

We were honored that His Eminence Metropolitan Antony participated in the retreat for the full day. He also came with five seminarians who remained for the full retreat.

We were also excited that several Juniors, including our National Junior UOL President, Natalie Hrytsay, attended the retreat. In the afternoon the Juniors spent some time together and wrote pysanky.



We were so excited to have the UOL Retreat in person and are so grateful to Fr. Anthony Perkins. He was inspiring and prepared us for the services of Holy Week. We are so thankful for all of his support with the Retreat. He is truly a blessing! The retreat was a wonderful way to prepare us for Pascha and we are so thankful to him for his dedication to the UOL Retreat. May he be blessed for many years!

St. Vladimir Junior UOL Submitted by Natalie Swan

Christ is Risen! The Pascha season always brings festivities and high spirits, and the Saint Vladimir Junior UOL has been working hard to make this year special. In the weeks leading up to Pascha, the parish as a whole collected, organized, and shipped much needed goods to Ukraine during this time of war. Three of the juniors attended the Lenten Retreat in Bethlehem, PA for a reflective and solemn day in preparation for Pascha.

The juniors came together on Lazarus Saturday to plant flowers, make palm crosses, and package Easter breads. On Palm Sunday, juniors pinned palm crosses on parishioners as they entered church, and hosted an Easter egg hunt for the youth of the parish. Also on Palm Sunday they held their annual salad fest to raise funds for the chapter.



On Easter, several juniors were given baskets to deliver to shut-ins of our parish. Lastly, the juniors assembled a sports themed basket for the National Board's Great Lenten Giveaway. We hope you had a prayerful Easter season surrounded by family and friends.



**St. Vladimir Senior UOL
Philadelphia, PA
Submitted by Natalie Bilynsky**

It has been a while since our St. Vladimir Senior Chapter has submitted an article to the UOL Bulletin. Our chapter has attempted to resume our chapter events despite strict COVID restrictions in the Philadelphia area.

In the fall we sponsored a Thanksgiving dinner and donated all of our profits to All Saints Camp. Each year our chapter has sponsored a Thanksgiving Dinner and donated all proceeds. This year we were able to sponsor the Thanksgiving dinner in person and were thrilled that we raised \$1940 for All Saints Camp.

Unfortunately, the COVID restrictions were increased after Nativity so we had to change some of our chapter events. We were able to go caroling, however, as you can see we remained outside and wore our masks. We decided that all of the funds we raised from our caroling would also go to All Saints Camp.



Our chapter typically sponsors a Theophany Eve dinner and a Theophany Breakfast. Both of these events were take-out since the rules regarding indoor dining were very strict in Philadelphia at the time.



For Souper Bowl Sunday our Junior UOL Chapter served soup and we had multiple delicious soups available.



Our chapter has been focused on Aid to Ukraine since the horrific invasion. Our chapter member Ruslana Korotinsky has spearheaded collection of items and funds. To date over 220 boxes have been shipped to Ukraine from our parish. We pray that the war ends soon.



(UOL Convention - continued from page 3)

Don't forget about the Convention Speaker, Themed Basket Raffle, Workshops, History Room, and Gift Shop Areas that will be available! Information on these items plus more is available on our website!

Visit our convention website at <https://orthodoxcarnegie.org/75thuolconvention> to not only view additional information about the 75th UOL Convention such as the hotel and events, but you can also download copies of the registration, yearbook, and sponsorship forms.

The "reflections on the UOL" from the 71st UOL Convention Yearbook will be available on the UOL Website shortly. UOL Members were asked as part of a UOL History Project to answer the question; "Why is the UOL Important to me?" If you might be interested in writing your response this year for the 75th UOL Convention Yearbook, contact Chris Mills to submit your information. What a great time to reflect on the UOL at 75 years! Take the time to write a few lines about what the UOL means to you!

See Yinz in 'dBurgh in July!



During the convention, our highlight speaker will be **Melinda Johnson**, author, and Marketing Director at Ancient Faith Ministries. Melinda is the author of *Letters to Saint Lydia* (AFP, 2010), *The Other Side of the Bonfire* (LSP, 2012), *Shepherding Sam* (AFP, 2016), and *The Barn and the Book* (AFP, 2018), and *Piggy in Heaven* (Paraclete, 2019). As Marketing Director at AFM, she encourages creative people and organizes events. She describes herself as "A story-teller, an organizer, a connector of people and ideas for the sake of positive and fruitful outcomes." She enjoys writing, planning, networking, speaking, and learning. Melinda is excited to speak and meet with all of us at the convention. There will be two sessions for her to speak, one with the Sr. UOL and a second with the Jr. UOL. To learn more about Melinda Johnson you can visit and follow her on her blog at [Melinda - Melinda Johnson, Writing \(melindajohnsonwriting.com\)](http://Melinda - Melinda Johnson, Writing (melindajohnsonwriting.com)).



(Carnegie - continued from page 3)

Although it has been difficult at times to continue to plan festivities in light of the ongoing battle our relatives face in Ukraine, our 75th Convention Committee has been hard at work putting the finishing touches on a convention to remember for years to come! We are so excited to be hosting this year's event. Not only are we looking forward to our evening events, but also to sharing our wonderful city. Your kids will love the Carnegie Science Center, the Pittsburgh Zoo, and the Aviary! You may enjoy the Heinz History Center or maybe Phipps Conservatory and Botanical Gardens. Baseball fans may want to catch the Pirates/Phillies game at PNC Park on Sunday before heading back home. Definitely take a ride up the Incline and look over the city from Mt. Washington. There are different walking tours around the city, and of course the Gateway Clipper tours. If shopping is your thing, Saturday is a great day to go to the Strip District and pick up some fun 'Burgh items. Wholey's, a Strip District favorite, is a seafood wonderland, complete with a small cafe. If amusement parks are your thing, spend a day at Kennywood or Sandcastle Water Park. Whatever you decide on, we are excited to be your hosts this summer!

Are you ready for the 75th? Remember to book your hotel early, register as a delegate or guest, for the whole Convention or for just part of it. The best deal, of course, is the whole packet, but you can get individual event tickets if that's what works for you. Which decade are you going to represent on Thursday evening? Friday is our Ukrainian night with a Christmas theme so pack your favorite Ukie outfit. Better remember your dancing shoes for the Banquet and Ball so you can dance the night away to the wonderful sound of Zirka!

Make sure you keep up to date by visiting our Facebook/Instagram pages "75th UOL Convention 2022" or our website, <https://www.orthodoxcarnegie.org/75thulconvention>

Alexandra (Lesia) Kot Samp Memory Eternal!
Submitted by Gayle Woloschak

Alexandra (Lesia) Kot Samp passed away on Nov 27, 2021. In the 1990's, Lesia had served as Corresponding Secretary of the National UOL Executive Board and also as Chair of the Ukrainian Affairs Committee. She authored the UOL's pamphlet about the Holodomor, "The Artificial Famine 1932-1933" which is currently in the Library of Congress.

She was a member from St. Mary's Ukrainian Orthodox Church in Southfield (Detroit), MI. She was married to Michael, who passed away before her; she is survived by her son Nicholas, and her sisters Natalie Cash and Svitlana Leheta.

We extend our sympathies to the family. We remember with love and fondness Lesia's dynamism and dedication to the UOC and the UOL. Memory eternal!

UOL Bulletin Pictures



Philadelphia Chapter members Johann Gigante, Yuriy Trypupenko and Chris Peltekis read the UOL Bulletin while they are doing charitable efforts. They are with a charitable organization staff member.

Join in the fun!
Take a picture reading your UOL Bulletin and submit
nsufler@aol.com.
Submit pictures by sending to nsufler@aol.com



Large panda reading the UOL Bulletin with Michael Nakonachny.



Michael Nakonachny reading his UOL Bulletin while in Washington, DC and also while skiing.



UOL Tribute

A donation to the Tribute Fund is an acknowledgment of a Milestone, Memorial, or Accomplishment, or is a Special Recognition of an individual or group. Your much-appreciated contribution is used to support and further the Mission of the Ukrainian Orthodox League. All donations are published in the UOL Bulletin.

UOL Bulletin
c/o Natalie Bilynsky
703 Pine Ridge Road
Media, PA 19063

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Donor In Honor of

There are no tributes this month.
Please consider making a Tribute.

To submit your Tribute:

Submit a card that includes your Name and Address, the Name of the Person to Receive the Tribute, the occasion of the Tribute (for example In Memory or To Honor), and the Name and Address of the person to whom an acknowledgment card should be sent. For a contribution of \$20 or more, the name and occasion is printed in the UOL Bulletin.

UOL Tributes should be submitted to:
Natalie Bilynsky 703 Pine Ridge Road Media, PA 19063

Send your tribute today!

The 75th UOL Convention committee is sponsoring a "Ukrainian" basket raffle at the convention (similar to Chinese auctions only donated and raffled by Ukrainians). We would like all chapters to be represented, therefore we are requesting chapters/organizations/individuals for donations of baskets for this raffle. Any type of basket is welcome (cooking, candy, garden, something from your region, etc.).



If you would be willing to help and donate a basket, please contact Cindy Haluszczak (tetaksenia@aol.com; 412-708-6835) or Tracey Sally (twin1_21@hotmail.com; 412-327-8694). The baskets can be brought to the convention. If within the Carnegie area, perhaps we can make arrangements to pick them up. We cannot wait to see everyone at the Convention!

In the beginning...
75th UOL Anniversary Convention
July 27-31, 2022
Hosted by Sts. Peter & Paul Sr. UOL Chapter
Carnegie, PA

75th UOL Convention To Do List

- Dates for 75th UOL Convention marked on calendar!
- Hotel room reserved at Hilton Double Tree Hotel, Greentree, PA
- Sent in Convention Registration!
Early Registration deadline May 31, 2022.
- 75th UOL Yearbook Ad submitted by May 31, 2022
- 75th UOL Sponsorships submitted by May 15, 2022
- Prepare your theme basket to bring to the 75th UOL Convention!

For details visit:
www.orthodoxcarnegie.org/75thuolconvention

In the beginning...
75th UOL Convention July 2022
St. Peter & Paul UOL Carnegie, PA

**75TH UOL CONVENTION
BALL / ZABAVA
SATURDAY, JULY 30, 2022
7:00 to 11:00 PM
Hilton DoubleTree Hotel, Greentree, PA**

Celebrating the UOL's 75th Anniversary!

Dance the night away to sounds of "Zirka" from Canada!

To Purchase/Register for Convention Ball/Zabava tickets please visit the 75th UOL Convention website at
www.orthodoxcarnegie.org/75thuolconvention

75th UOL Convention Website

- \$40.00 a person
- Cash bar
- 40's evening theme
- Moxie selfie station